

Sudden-onset Ptosis and Neuromuscular paralysis in Children

- Don't forget to rule out Snake Bite (ID:499)

Juhi Gupta*, Pragati Jeenwal, Richa Choudhary, R N Sehra, Pradeep Meena, Kusum Devpura

Sir Padampat Neonatology and Child Health Institute, SMS Medical College, Jaipur



Introduction

- Snake bite is classified as a neglected tropical disease
- Snake Bite can be fatal due to the blockage of the respiratory and bulbar muscles
- We describe here 3 children, who presented with severe abdominal pain, followed by ptosis, slurring of speech, and quadriparesis.
- A snake bite was suspected, although there was no clear history.
- They responded dramatically to anti-snake venom (ASV) and neostigmine (preceded by atropine).
- All cases presented in the monsoon season.

Case One

- 13-year-old male
- Crampy abdominal pain during midnight, rapidly followed by slurring of speech, ptosis, quadriparesis and respiratory weakness, requiring mechanical ventilation.
- No history of any bite, but two doubtful fang marks were seen on one foot
- A snake bite was suspected, and ASV (20 vials) was administered, along with neostigmine and atropine.
- Child responded well and respiratory weakness and ptosis improved over next 48 to 72 hours.

Case Two

- 9-year-old boy
- Abdominal pain, slurring of speech, ptosis, difficulty in swallowing, and progressive muscular weakness requiring ventilation
- an unknown bite followed by local swelling
- In view of suspected snake bite, he received ASV (20 vials) along with neostigmine and atropine
- Responded dramatically and was extubated after 48 hours





Figure 1: Clinical photograph demonstrating ptosis at admission (a) and clinical photograph showing marked improvement in ptosis at discharge (b)

Case Three

- 9-year-old female child
- Sudden onset abdominal pain at midnight, rapidly followed by ptosis, slurring of speech, and inability to walk
- There was no history of snake bite
- Initiated ASV along with neostigmine preceded by atropine. ASV had to be stopped due to an allergic reaction, however she showed an excellent response to neostigmine
- Ptosis and neuro-muscular paralysis improved over next 48 to 72 hours (Figure 1)

Discussion

- Children are more prone to snake bite while sleeping, therefore they may present at midnight or early morning without a clear recall of the bite.
- The neuro-muscular paralysis by snake venom is caused by defective neuromuscular junction transmission.
- Antivenom immunoglobulins act by neutralizing snake venom proteins.
- Anti-cholinesterase inhibitors like neostigmine help reverse the post-synaptic blockade, and atropine prevents the unwanted muscarinic effects.

Conclusion

- 1.Snake bite should be suspected in children with typical chronology of events beginning with severe abdominal pain, followed by ptosis, and descending neuro-muscular weakness, especially those who were sleeping prior to symptom-onset
- 2. Combination of ASV, neostigmine and atropine should be used promptly in children with snake bite.

References

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