

# Clinical and molecular aspects of DYSF mutations in dysferlinopathy: A single centre experience

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## INTRODUCTION

**Dysferlinopathy** encompasses a spectrum of autosomal recessive rare muscle diseases caused by mutations in the *DYSF* gene which is located on chromosome 2p13 and spans a genomic region of over 230 kbp consisting of 55 exons. It encodes the “dysferlin” which is a transmembrane protein critical for muscle membrane repair, cell adhesion, T-tubule formation, and  $\text{Ca}^{+2}$  signaling.<sup>1</sup> Clinical phenotypes are highly heterogenous and include Miyoshi myopathy, limb-girdle muscular dystrophy type R2 (LGMD-R2), distal myopathy with anterior tibial onset, dysferlin-deficient proximo-distal type, and asymptomatic creatine kinase (CK) elevation. The worldwide prevalence is approximately 5–10 per one million.<sup>2</sup> A total of 416 different disease-causing mutations have been identified in 843 patients worldwide, mostly in Northwest Africa, Israel, Saudi Arabia, Egypt, Iran, India, Japan.<sup>3</sup>

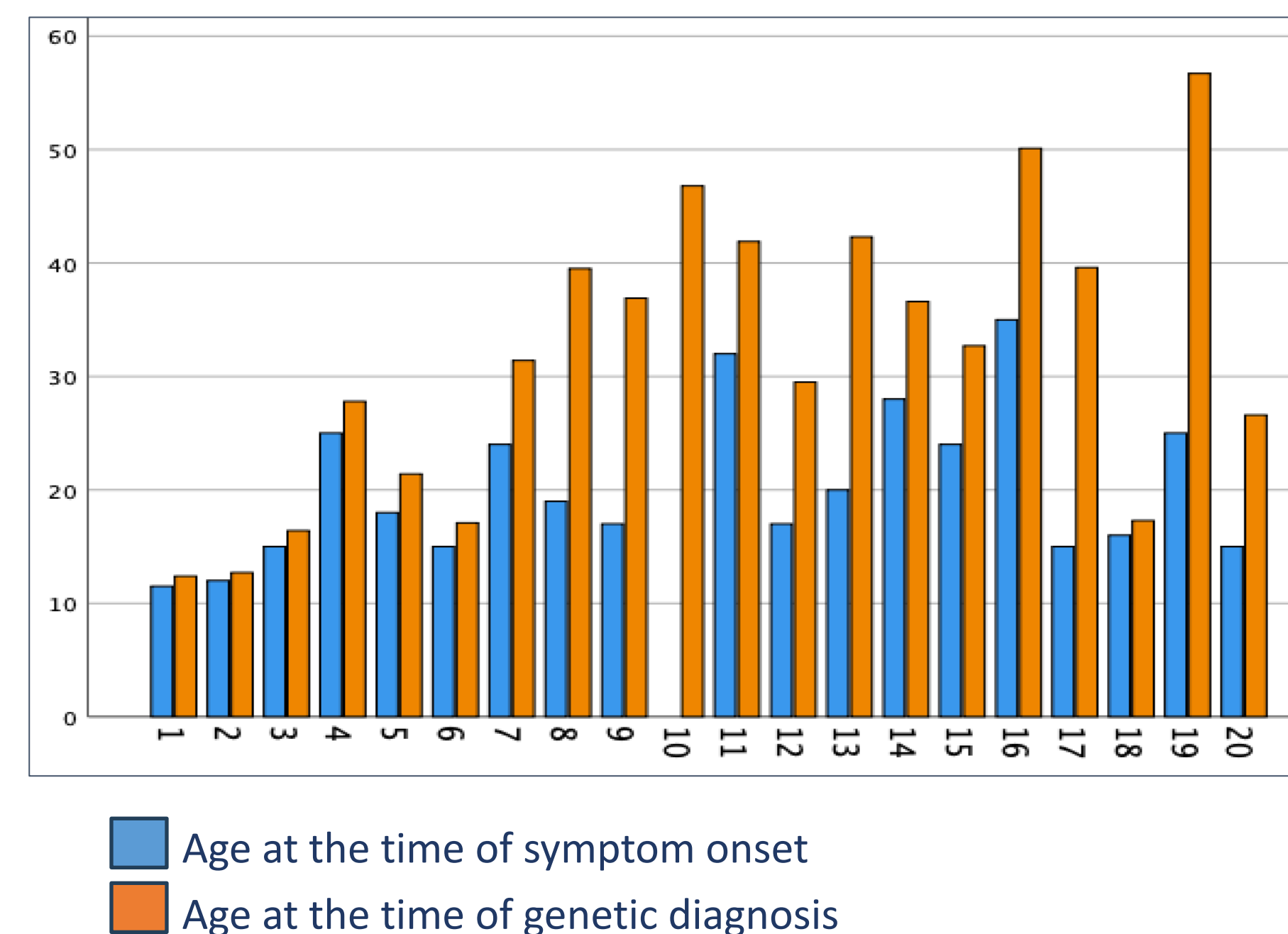
## OBJECTIVES

This study aims to contribute to the literature by presenting the demographic, clinical, and genetic characteristics of 20 patients diagnosed with dysferlinopathy, followed by a single centre.

## METHODS

This descriptive, retrospective study was conducted on 20 patients who had a genetically confirmed diagnosis of dysferlinopathy between November 2018 and April 2023. Next Generation Sequencing method was performed for identification of *DYSF* variants. Demographic, genetic, clinical, laboratory findings of the patients were obtained and analyzed using SPSS 28.

**Graphic 1.** Age at symptom-onset and diagnosis

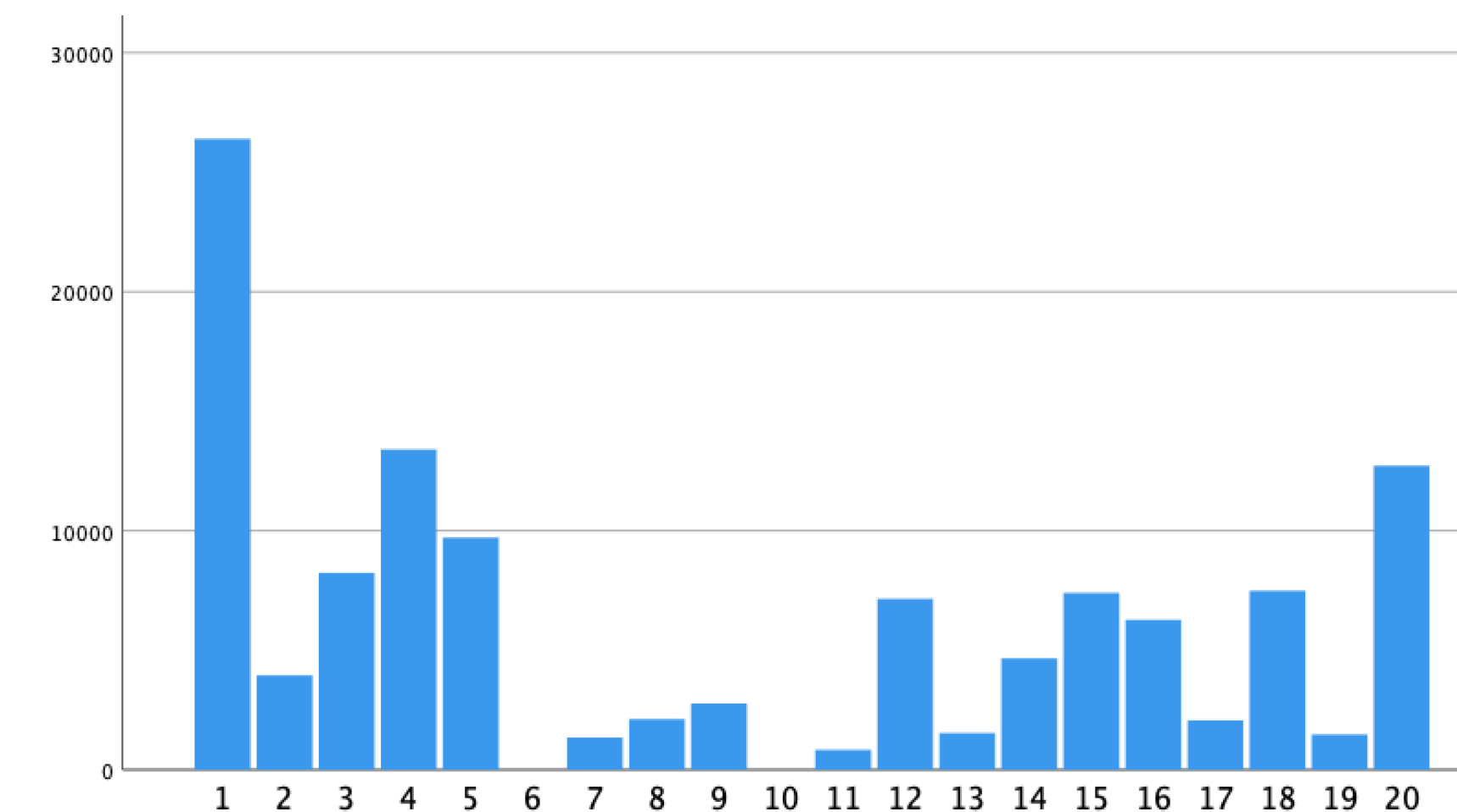


## RESULTS

Mean age at the time of genetic diagnosis was  $31.8 \pm 12.8$  years (min=12.4; max=56.7), while mean symptom onset age in previously asymptomatic patients was 22.5 (min=14; max=35) years. Female/

male ratio was 14/6. Eighty percent of the patients (n=16) had homozygous mutations, whereas three patients had compound heterozygous mutations and one had heterozygous mutation. Missense mutations were the most common type of variants in our case series and 25% of the patients (n=5) had novel mutations. Mean serum CK level of the patients was  $6642 \pm 6270$  (min=834; max=26394) IU/l. The most common clinical phenotype was LGMD-R2.

**Graphic 2.** Serum CK levels in study population



## CONCLUSIONS

Dysferlinopathy is a clinically heterogeneous group of diseases. Although it is usually asymptomatic in childhood, it can rarely causes symptoms. Given that dysferlinopathy is a slowly progressive disease characterized by a typically long period from symptom onset to diagnosis and

the presence of inflammatory changes on biopsy or imaging findings, patients can be followed with different misdiagnoses such as polymyositis.<sup>4</sup> More importantly, they can receive immunosuppressive or immunomodulatory treatments for extended periods. It should be kept in mind in the differential diagnosis in patients with late-onset proximal muscle involvement and high serum CK levels.

## SUPPLEMENT



## REFERENCES

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